

WHAT IS CLAIMED IS:

1. Shoes having an outsole including a spike and a projected portion having a ground-contact surface formed thereon,

wherein a ground-contact portion of the spike is made of a rubber-molded material whose JIS-C hardness is set to the range from 35 to 95 both inclusive and whose cutting-time elongation is set to 280% or more; said rubber-molded material contains 30 wt% or more of polybutadiene as a rubber component thereof; and the difference ($h_1 - h_2$) between a projected height h_1 of said spike and a projected height h_2 of said projected portion is set to the range from 0mm to 15mm both inclusive.

2. Shoes according to claim 1, wherein said polybutadiene contains a cis-1,4 linkage at 70% or more of a micro-structure thereof.

3. Shoes according to claim 1, wherein said spike is removably mounted on said outsole.

4. Shoes having an outsole including a spike and a projected portion having a ground-contact surface formed thereon,

wherein a ground-contact portion of said spike is made of a rubber-molded material whose JIS-C hardness is set to the range from 35 to 95 both inclusive and whose cutting-time elongation is set to 280% or more; said

